



Michelle Lujan Grisham, Governor
Katrina Hotrum--Lopez Cabinet Secretary
Sam Ojinaga, Deputy Cabinet Secretary

December 10, 2020

RE: A Holiday Letter of Hope and Love

Dearest New Mexicans,

As we all prepare to celebrate one of the most popular Holidays of the Season, my heart hurts for those living in Long Term Care facilities, many of whom have not been able to see their loved ones and will not be able to be with them over the holidays. This holiday season is going to be different, it's going to be harder, and now more so than ever we are all going to need to work together to support people in assisted living and nursing homes. There is always a way to bring light and happiness into someone's world. It can be as simple as sending them a beautiful, heartfelt letter or card. Through our Create and Connect Campaign, the Aging and Long-Term Services Department is asking you all to send a Christmas/Holiday card or letter that will go to our seniors residing in Long-Term Care Facilities. Guidelines for writing a letter include:

- Wash hands before you make your art/letter/craft.
- It will need to fit in a business or regular-sized envelope (not box or large envelope).
- Don't lick the envelope, use a wet sponge or paper towel.
- You'll need a current stamp.
- Do not use glitter.
- Letters must be legible (large print)
- Embrace creativity! Recipients love it when the letters are personal.
- Avoid politics completely and lengthily religious discussions, but it is okay to say they are in your thoughts or prayers.
- Share your act of kindness on social media by using #CreateAndConnect and tagging us at @NewMexicoAging

Send the letter(s) to:

ALTSD, Create and Connect Campaign
8500 Manual Blvd. NE, Suite B-350
Albuquerque, NM 87112

Be as creative as you want but remember the deadline is December 18, 2020. Thank you so much for your time and effort to make a senior feel happy and loved during the Holidays!

Merry Christmas and Happy Holidays,

A handwritten signature in black ink that reads "Katrina Hotrum-Lopez". The signature is written in a cursive style with a large, sweeping flourish at the end.

Katrina Hotrum-Lopez, Cabinet Secretary
2550 Cerrillos Rd
Santa Fe, NM 87502

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